



Integrity | Leadership | Innovation

Time Capsules

To commemorate the SRNA 100th Anniversary two time capsules have been established, one for 25 years and one for 100 years. These time capsules will contain items from the past and present of the SRNA.

What to put in a time capsule?

Consider the events your community is hosting to celebrate SRNA 100th Anniversary.

Think of what those in the future would find interesting from those in the past. Don't limit yourself, **Be Creative!**

Ideas of items to include:

- Newspaper articles
- Photographs
- A text book from years gone by or even a current text book
- Mugs or pens with your organizations logo or your school's logo
- Short nursing stories
- Video clips
- Pins, Nursing cap
- The list is endless...

When submitting an item include a brief description. Who did the item belong to? When and/or how was it used? Remember to include your name or the name of the group submitting.



If you have a preference as to which time capsule you would prefer your item be placed, please state when submitting.

Dimensions of submitted items should be maximum 8 x 11 x 2 inches.

Submission deadline: December 1, 2017

Submit items to:

Cheryl Weselak
Coordinator, Human Resources & Events Management
Saskatchewan Registered Nurses' Association
2066 Retallack Street, Regina, SK S4T 7X5