President’s Message
Harm reduction is central to the work of RNs in Saskatchewan. Learn about some of the initiatives the SRNA has undertaken and get involved.

RN’s Role in Harm Reduction
SRNA members witness the impact of loss and the struggle associated with addiction as they guide clients on their health care journey.

Truth & Reconciliation
Tim O’Loan advisor to the Truth & Reconciliation Commission details his inspiring presentation to be delivered at the SRNA Conference in May.
The Saskatchewan Registered Nurses’ Association (SRNA) is a profession-led regulatory body and association established in 1917 by provincial legislature. The SRNA is accountable for public protection by ensuring members are competent and promotes the professional interest of its members in the public interest. Individual members are personally accountable for their professional nursing practice through adherence to the code of ethics, practice standards and ongoing continuing competence requirements.

The SRNA News Bulletin is distributed six times per year by the SRNA. Its purpose is to inform members, health system partners and the public about the Association’s activities and provide a forum for sharing information on nursing topics of interest. Inclusion of items in the SRNA News Bulletin does not imply endorsement or approval by the SRNA. ISSN 1494-76668

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<td></td>
<td></td>
</tr>
</tbody>
</table>

Table of Contents

- Message from Your President
- RNs & Harm Reduction
- SRNA Resolutions
- SRNA Elections
- Saskatoon’s Health Bus
- SRNA & Harm Reduction
- Leadership Workshop
- SRNA Updates
- Forgery Prevention
- Truth & Reconciliation
- Competence Assurance 2017
- LeaRN Webinars

The Saskatchewan Registered Nurses’ Association (SRNA) is a profession-led regulatory body and association established in 1917 by provincial legislature. The SRNA is accountable for public protection by ensuring members are competent and promotes the professional interest of its members in the public interest. Individual members are personally accountable for their professional nursing practice through adherence to the code of ethics, practice standards and ongoing continuing competence requirements.

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President's Message


As a practising RN, I am incredibly proud of the work our members do in regard to playing an active role in harm reduction. As we become more aware of the increased need to keep people safe, we see the role of the RN and RN(NP) continue to expand in its importance. Harm reduction is particularly significant for the marginalized part of society, and these are the people that nurses most often touch.

Harm reduction includes a wide range of strategies that promote safety delivered in a non-judgemental way to lessen the effects of high-risk activities. Every day RN, and RN(NP)s tailor their health teachings to meet the needs of their individual patients. Promoting safer practices, such as having a designated driver to decrease the risks of impaired driving and encouraging condom use to decrease the risk of sexual transmitted infections and blood-borne illness, are examples of harm reduction very familiar to RN, and RN(NP)s.

Recently harm reduction has become a very important topic as governments, organizations and health care providers look to develop more formal programs such as take-home Naloxone, needle exchange programs and safe injection sites to address the number of opioid-related deaths in this national opioid crisis. The SRNA is no exception. You can learn about some of the things we have done, and our continuing harm reduction strategies on page 10 of this issue.

One way for you to get involved in harm reduction is to vote on the proposed bylaw at this year’s Annual Meeting. The bylaw is focused on advancing the RN(NP) Scope of Practice by enabling RN(NP)s to prescribe opioid substitution therapy for clients with opioid use disorders and methadone for clients with pain.

Enabling RN(NP)s as authorized prescribers will significantly impact the number of clients who can access this service with the goal of reducing the number of opioid related deaths and poisonings in Saskatchewan.

The Canadian Nurses’ Association (CNA) along with the Canadian Association of Nurses in HIV/AIDS Care (CANAC) and the Harm Reduction Nurses Association (HRNA) also recently released a joint position statement on harm reduction and substance abuse. It can be found on www.cna-aic.ca/en.

If you haven’t yet, I also encourage you to look for ways in your area of practice to become a more active part of this harm reduction movement. And if you already have, congratulations! You are setting the trend.

Joanne Petersen, RN, SRNA President

Nurses caring for people across the lifespan and in all settings may encounter situations in which substance use has a direct or indirect impact on the health of individuals. Nurses may be the first point of contact in such situations, which may occur in a variety of settings such as community health centres, hospitals, prisons and street outreach. No matter where a nurse works, there is a professional and ethical responsibility to provide a safe, non-judgmental care environment and incorporate harm reduction into practice.

(CNA, CANAC & HRNA, 2018)
The Role of Nursing in Harm Reduction

SRNA members work in care settings where they witness the pain and grief of loved ones after someone has died or is critically ill after an opioid poisoning or overdose. They witness first hand the strength of people struggling with addictions and the stigma that can exist for people who have substance use disorders. They offer teaching, counselling, ongoing support, and work closely with clients on their health care journey.
Harm Reduction may not be a new concept for members of the SRNA. However, given the current social issues facing our province, it is a concept that calls for closer examination.

In Saskatchewan, and across Canada, there is a heightened awareness of the Opioid Crisis and the ongoing epidemic of overdoses and the number of people affected both directly or indirectly continues to grow. There is also an increased recognition of the current mental health needs of people in Saskatchewan and the gaps that may exist in the provision of care.

As a Registered Nurse or Nurse Practitioner stories like this might be familiar to you:

“A man in his thirties died on my shift in the emergency department from an overdose of Hydromorphone prescribed after a motor vehicle accident last summer. His wife said he still had lots of pain and she wondered if he had been taking his pain medication properly. She was devastated and blames herself for his death.”

“I discharged a patient admitted with an opioid poisoning two weeks ago. The person has permanent kidney failure because of the toxicity of the drugs.”

“I have been working with a client who developed an addiction to opioids after major surgery. The physician decided they needed to reduce the drug dosages way down, so the client is struggling with withdrawal symptoms and confided that they feel like they might need to go looking for other sources of opioids to manage their pain.”

The clients identified in these stories could have positively benefitted from harm reduction strategies such as take-home Naloxone kits, opioid substitution therapy or counselling. That is why it is always important to actively look for opportunities to identify risk and to take action. No matter what your primary nursing role or practice environment, be alert to client’s disclosures or physical evidence that may indicate substance abuse disorders (addictions). You may be the caregiver that changes the client’s life.

Here are a few ways RNs and RN(NP)s can learn more about harm reduction and get more involved:

• Become informed about existing harm reduction strategies as part of your Continuing Competence Program learning plan.
• Look for opportunities to develop or implement harm reduction strategies in your work setting.
• Examine your own personal values and beliefs surrounding drugs and people who use them.
• Start discussions at work about the stigma associated with mental health and addictions.
• Become informed about the proposed SRNA Bylaw (see page 11) that may enable NPs to prescribe maintenance doses of opioid substitution therapy. Attend upcoming webinars during the consultation of these bylaws.
• Share stories of current harm reduction work underway in Saskatchewan.

And remember, practice advisors at the SRNA are always available if you want to request or share information on harm reduction in SK.
Your Input Matters

Member engagement and input on SRNA’s initiatives is important and your perspectives on issues are essential to helping advance, innovate and optimize our profession. Resolutions are an important tool for members to share or influence the SRNA. Understanding the process and timelines for developing and submitting resolutions is critical to ensuring your input is presented at the upcoming Annual Meeting on May 3, 2018.

What is a resolution?

A resolution is the process for SRNA members to provide input on issues facing the profession or on initiatives you think SRNA could be involved in.

How and when can a resolution be provided?

Resolutions can be presented to the SRNA Council by person, group, annual or special meeting assembly. Resolutions can be presented to Council at any time or brought forward at the Annual Meeting as a motion from the floor.

What should resolutions include?

Resolutions must include:

• **Title**: The subject of the resolution
• **Resolution statement**: An expression of intent or what action is being proposed for the Association take in relation to the subject of the resolution. This statement begins with: “Be it resolved...”, and should be written in a clear and concise manner.
• **Explanatory notes**: Identify why you believe the issue should be addressed. If you are making a number of points, order them numerically. Remember that resolutions must have a provincial focus and relate to the mandate of the Association.
• **Identification**: Names of “mover” and “seconder” of the resolution. Both must hold active-practising status with the Association. Either the “mover” or “seconder” should be available to speak to the resolution at the Annual Meeting.

What happens to resolutions/motions that are approved by membership at the Annual Meeting?

These resolutions are reviewed by Council to make reasoned decisions regarding any actions to be taken.

Where should resolutions be submitted?

• Send resolutions and questions to SRNA President Joanne Petersen at president@srna.org.
• Resolutions can also be submitted at the Annual Meeting by 10 a.m. May 3, 2018.

The deadline for resolutions from the floor at the Annual Meeting is 10 a.m. May 3, 2018.
SRNA Elections

Cast Your Vote to Shape the Future of the SRNA

Each spring, the annual SRNA election provides members an opportunity to vote for incoming members of the SRNA Council and the Nominations Committee. In addition to being a professional responsibility, voting enables SRNA members to select the candidates they feel will best govern the SRNA.

When and how to vote

Electronic voting opens March 29, 2018 and closes at noon on May 3, 2018. Computers will be available at the Annual Meeting in Regina. You can only vote once, so you will need to know the candidate you wish to vote for in each position at the time of voting.

What you need to vote

All eligible voters were sent an email which provided your unique username and password, announcing the voting period opening and providing a link to the voting page. If you did not receive an email, please contact the SRNA office by phone at 1-800-667-9945 or in Regina at 306-359-4200.

Learn more about the candidates

The SRNA provided candidates a platform to share their vision for the future of registered nursing. Be sure to check out the recorded candidate forums, videos and position statements online at: https://www.srna.org/about-us/how-we-govern/srna-council/council-election/

Questions about the voting process can be directed to Lesley Stronach at lstronach@srna.org or by calling the office at 1-800-667-9945. Tony Giruzzi can be contacted for technical support by calling the same number or by email tgiuzzi@srna.org.

2018 SRNA Council & Nominations Committee

Candidates for SRNA Council

Regina Qu’Appelle Health Region (1-year term) - Region VII:

- Elizabeth Domm, RN
- Kandis Harris, RN
- Leah Thorp, RN

Kelsey Trail and Sunrise Health Regions (3-year term) – Region IV:

- Betty Metzler, RN – Elected by Acclamation

Saskatoon Health Region (3-year term) – Region VI:

- Marilyn Barlow, RN
- Janice Walker, RN

Candidates for the Nominations Committee

- Caroline Bykowy, RN
- Janice Cochrane, RN
- Melissa Sawicki, RN

Integrity in the Voting System

An independent, third-party audit technology, “Balloteer” maintains a robust, secure and reliable network infrastructure and ensures compliance with best practices for the security of network assets. Their multilayer network perimeter protects the voting application, data and results.

For more information on the voting process and this year’s nominations, visit www.srna.org.
Saskatoon's Mobile Primary Health is Taking Harm Reduction on the Road
For the past 10 years, on most days you could find Don Ragush RN(NP) on a 40-ft long bus providing nursing care to people living in lower-income areas in Saskatoon by treating various illnesses, writing prescriptions and suturing wounds.

While it’s not the typical place you would find a Nurse Practitioner delivering health care, it is one that has a significant impact on the Saskatoon community in reducing harm to some of its most vulnerable residents.

The mobile primary health center also known as the Health Bus was created in partnerships between Saskatoon Health Region, M.D. Ambulance and the Ministry of Health. The vision of the project is to provide a mobile primary health centre that creates health equity and closes the disparity gap for people who are geographically, socially, economically and/or culturally isolated.

Most of the clients that Ragush, and the paramedic he works beside, treat are disadvantaged and dealing with various health issues. A typical day might involve everything from performing a Sexually Transmitted Disease (STD) test, helping a patient manage their diabetes, treating an ear infection or draining and dressing an abscess, which is a common affliction for injection drug users.

“For whatever reason life has gone a little haywire for them,” says Ragush. “Many of these people don’t have a family physician or will not go to the hospital. We provide them with an alternative. We build relationships with them so there is a level of trust and we provide the best treatment we can give to them regardless of their situation.”

While it’s difficult to measure the true impact Ragush and others who provide care on the Health Bus has had, it is clear that this initiative plays an important role in reducing harm to people in the community and their families.

“Our work in harm reduction is not just for the individual we see on the health bus,” says Ragush. “If we can help to keep these people who are our clients healthy, hopefully they are able to help the people they need to look after. Many of them are very loving people that have a great commitment to their families, so we try to make sure they get all the support they can.”

One of the many stories of the impact they have had on members of the community that Ragush likes to use as an example is the story of a man who had been suffering with drug addictions for more than 10 years. He came to the Health Bus with a large abscess because he was not comfortable going to the hospital. Ragush helped to treat him and referred him to a dermatologist. To provide further support, Ragush attended the appointment with him, and gave him a ride home after.

“He told me it was the nicest thing anyone has ever done for him,” says Ragush as he fondly remembers the incident. “He was doing his side and we were doing ours. He still comes to the Bus and brings his friends if they need services.”

For more information visit https://www.saskatoonhealthregion.ca/locations-services/Services/Primary-Health/Pages/HealthBus.aspx
Addressing the Opioid Crisis

It is readily recognized that the misuse and potentially harmful effects of opioids has escalated to a level commonly labeled as a “crisis”. To truly begin to understand the impacts this has had on health care and the role of RNs, RN(NP)s and RN(APP)s it is important to acknowledge where we have been, where we are now and where we are going.

In the Beginning

The SRNA began to understand the benefits and potential harms of prescribed opioids and controlled drugs and substances (CDS) when we engaged in work to enable RN(NP)s with the authority to prescribe CDS in 2012-2014. Federal legislation came after many years of nurse practitioners, regulatory bodies and other organizations advocating for amendments to the federal legislation improving access and providing more timely care for Canadians.

By January, 2015 the SRNA Bylaws were passed for RN(NP)s to participate in the Prescription Review Program (PRP) and provincial processes were complete. RN(NP)s licenced with the SRNA were given authority to prescribe CDS.

First Do No Harm – Important Responsibilities for Organizations

The First Do No Harm: Responding to Canada’s Prescription Drug Abuse document was developed in 2013 by The National Advisory Council on Prescription Drugs which discussed the potential harms of prescription medications, identified vulnerable populations, and discussed the increase in addictions, overdoses and death. It was not known at the time that opioids and other prescription medications would escalate to become a national public health crisis. The Advisory Council developed a pan-Canadian 10-year strategic roadmap for the five streams of action.

As a result, the SRNA developed the following strategies:

- Prevention – Promoting appropriate use of prescription drugs
- Education – Setting standards for RN(NP) prescribing
- Treatment – Setting expectations for RN(NP)s to prescribe according to evidence-based standards
- Monitoring and Surveillance – Monitored RN(NP) prescribing with PRP to identify double doctoring and identify priority issues
- Enforcement – Advocating for tools and resources to prevent diversion of prescription drugs

Canada is now reporting more than 2,800 deaths related to the opioid crisis in 2016. This has exceeded the deaths taken by the peak of the HIV epidemic in 1995.

(CIHI, 2017)
Accessible and Appropriate Pain Management

One of the biggest challenges in prescribing opioids and other prescription medication is finding a balance between providing appropriate pain management for individuals experiencing both acute and/or chronic pain and reducing the harm associated with the potential misuse of opioids. Since 2014, the SRNA has supported the need for consistent pain management across the province through the work of the SRNA Pain Management Professional Practice Group. There were two important key stakeholder meetings in 2014 and 2016 that identified the current gaps and defined necessary strategies to develop a strong provincial pain strategy. SaskPain is a grass-roots group of patient advocates, multidisciplinary clinicians, educators, researchers and health care administrators that formed from the initial work of the SRNA Pain Management PPG. Their stated goal is to build a foundation of knowledge, resources and advocacy to support accessible, coordinated pain management services and education in Saskatchewan.

Addressing the Canadian Opioid Crisis – The Present

The SRNA continues to work with provincial and national organizations to better understand the impact, monitor the situation and implement strategies to address the Opioid Crisis. We are not only concerned that Saskatchewan is reporting 100 opioid-related deaths for 2016, we are also very concerned with the increased emergency visits and hospitalization from opioid poisoning (Government of Saskatchewan, Office of the Chief Coroner, 2017).

Current strategies to address the Opioid Crisis include:

• Working with other regulatory bodies through the Canadian Council of Registered Nurse Regulators (CCRNR) to develop and support a consistent approach to education, harm reduction, prescribing opioid and controlled substance, monitoring prescribing and quality assurance.
• Offering a series of webinars related to the Opioid Crisis on harm reduction and Naloxone, Methadone and Suboxone for patients with addictions and managing pain in the elderly that are recorded and available on the SRNA website.
• Giving RNs the authority to provide education and take-home Naloxone kits.
• Advocating for a comprehensive provincial pain strategy, provincial pain clinics, additional support and education for health care teams, and accessible non-pharmacological treatment options.

The Future of Harm Reduction in SK

Every day the opioid crisis, opioid poisonings and addictions takes its toll on individuals, families, communities and health care providers in Saskatchewan. While there are a number of harm reduction initiatives throughout the province, there is still a need for nurses and others to come up with innovative ideas that can further reduce harm. One key strategy currently under development includes the proposed SRNA Bylaw changes that are focused on advancing the RN(NP) Scope of Practice by enabling RN(NP)s to prescribe opioid substitution therapy for clients with Opioid Use Disorder and methadone for pain for Saskatchewan clients. If you have any questions regarding this proposed bylaw, please contact Donna Cooke at 306-359-4202 dcooke@srna.org.

This initiative is a key step in addressing the current issues that exist in relation to safety, harm reduction and end of life care. Join the SRNA Webinar on April 18, 2018 to learn more about this proposed bylaw.

You can also get involved by helping us to better understand the current state and the significance of the opioid crisis in your community. By understanding the gaps in care, we can advocate for additional resources.
Leadership Skills for Complex Times Workshop

In partnership with the Canadian Nurses’ Association (CNA), SRNA is hosting a one-day Dorothy Wylie Health Leaders workshop, a premier leadership program, in Regina on May 1. The workshop, called Leadership Skills for Complex Times, will be co-facilitated by CNA professional development lead Lisa Ashley and Julia Scott, a founder-facilitator of the Dorothy Wylie Health Leaders Institute. The event will also include a one-hour presentation by CNA president Barb Shellian. Participants will learn how to develop leadership practices and approaches that make a difference in changing and challenging environments.

“We are very excited to be partnering with the CNA to provide this opportunity for our members,” says Carolyn Hoffman RN, SRNA Executive Director. “It is a wonderful opportunity to support nurses as leaders in contributing to a healthy population as this workshop will provide participants with a deeper understanding of leadership trends, principles and skills.”

**Learning objectives:**

1. Review the nature of complex environments and highlight effective approaches
2. Discuss Kouzes and Pozner’s “Five Practices of Exemplary Leadership”
3. Explore strategies to increase personal resilience
4. Apply the concepts learned to the current nursing environment

**Agenda**

<table>
<thead>
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<tr>
<td>7:30</td>
<td>Registration, breakfast and networking</td>
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<tr>
<td>8:30</td>
<td>Workshop begins (Barb Shellian presentation 9:00-10:00)</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
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<tr>
<td>1:00</td>
<td>Workshop continues</td>
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<tr>
<td>4:00</td>
<td>Wrap-up and evaluation</td>
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**Date** | **Location** | **Cost**
---|--------------|---
May 1, 2018 | Conexus Arts Centre, Regina | $150

The workshop is open to all SRNA members, nursing students and other health leaders. There will be a draw at the end of the session for two team members to win paid attendance to the five-day 2019 Dorothy Wylie Health Leaders Institute in Toronto. To register, visit www.srna.bz
SRNA Launches Online Community

SRNA is excited to provide you an update on the development of a new communications hub where committees and groups can collaborate, where events and programs can be enhanced, and where the 11,000 plus strong SRNA membership can engage in conversation around topics of interest.

The Online Community of Practice will be a powerful collaborative, engagement solution that allows the SRNA to connect and communicate with members all over the province, and in turn allows members the ability to connect and communicate with each other in a private, secure efficient manner.

“The new online community will help us to more effectively engage with our members,” says Executive Director Carolyn Hoffman, RN. “We are also excited about its ability to help our members to connect with one another and engage in meaningful dialogue.”

The software created by TimedRight, is a secure, private network of trusted health care communities where health care professionals can easily access events, programs, education and more. SRNA will soon launch five online communities: Workplace Representatives, Workplace Educators, Saskatchewan Nursing Informatics Association, Administrative Nurses Professional Practice Group and RN Specialty Practices.

The piloting of the community will take place over the next several weeks. Watch your emails for your invitation when it is launched to the membership as a whole. For more information, visit www.srna.org or email links@srna.org.

Standards for RN Specialty Practices Now Approved

The SRNA continues to engage with members and employers to increase understanding, development and implementation of RN Specialty Practice (RNSP) documents. These pivotal policy documents are moving RN practice forward by facilitating timely care to clients, as they provide the RN with the authority and clinical direction to implement the RNSP. RNs and employers throughout the province are examining the clinical services presently provided to clients, with optimal client outcomes driving the opportunity for RN practice to evolve.

The Standards for RN Specialty Practices (RNSPs), revised and approved by members at the May 2017 Annual Meeting, were approved by Council and recently by the Minister of Health. Changes suggested by members, were made to the standards document to address tasks within a specialty practice that are within the scope of other health care professionals. In these situations, the RN at the point of care can assign these tasks to another health professional.

The full document may be accessed at: https://www.srna.org/nursing-practice/nursing-practice-resources/rn-resources/

Is Your Contact Information Up-to-date?

Providing up-to-date contact information ensures you receive important updates from your Association.

To update your information, login to your account at www.srna.bz and make the appropriate changes to your email, phone number(s) and any additional information.
Prescription Forgery Prevention Strategies

Reporting from the Saskatchewan College of Pharmacy Professionals to the Prescription Review Program (PRP) indicate an increasing number of prescription forgery attempts identified by pharmacists in 2017. The number of prescription forgeries gone undetected, filled and dispensed will remain unknown. With prescriptions for controlled drugs and substances more challenging to obtain, black-market demand for PRP medications will remain high and forgery attempts will be unlikely to decrease.

Common prescription forgery strategies are implemented through opportunity and technology. Most simple is the alteration of a valid prescription provided to the patient by the prescriber; changing quantity or strength or adding additional medication, all by utilizing free space on the prescription. Stolen prescription pad or individual scripts can be utilized to forge the entire prescription. With the common utilization of technically perfect EMR generated prescriptions computer programs can be utilized to scan, alter and reproduce authentic appearing prescriptions that can be very difficult for a pharmacist to identify as fraudulent. For example, valid prescriptions for Amoxicillin and Materna have been identified as altered to read Hydromorph Contin and Dilaudid.

The challenges of chronic pain, addiction, opioids and controlled substances have become a time-consuming area of nurse practitioner practice. By removing opportunity and implementing consistent strategies in the writing and transmission of prescriptions, the nurse practitioner can reduce the risk of their name appearing on a forged prescription.

Please call the Prescription Review Program with your observations or questions at (306) 359-4248 or email prp@srna.org.
Recommendations to Prevent Prescription Forgery


Review and follow the SRNA Bylaw VI, Section 4 – Prescription Review Program (2017) https://www.srna.org/about-us/how-we-govern/act-bylaws/, which includes writing the quantities in both numeric and written form (e.g. 20 [twenty]).

Always keep your prescription pads in a safe and secure location (e.g. not unattended in an exam room) and number them sequentially.

Ensure your contact information is clearly printed on the prescription so that the pharmacist may contact you to verify the prescription. Onus is placed on pharmacists by the Saskatchewan College of Pharmacy Professionals to ensure the validity of any prescription for a drug in The Controlled Drugs and Substances Act; therefore, if the signature is not known to the pharmacist they must verify the prescription.

Avoid leaving space for alterations (e.g. write “5mg”: not “5 mg”).

Fill unused space on prescription with a pen stroke/scrabble.

Consider faxing or electronically sending all your prescriptions directly to the patient’s pharmacy, rather than directly giving patients the prescription.

If the prescription cannot be faxed, countersign in ink the printed prescription in any colour ink other than black.
Life Changing

That’s how Tim O’Loan from the Truth and Reconciliation Commission of Canada (TRC) describes the impacts of truth and reconciliation on his life. At this year’s SRNA Conference, participants will have an opportunity to hear his story and how nurses can work with the Commission’s calls to action and advance the process of Canadian reconciliation.
O’Loan describes reconciliation as “allowing people to understand ‘the other’ a bit better.” It is his goal as a subject-matter expert to “offer some insights and some wisdom so that people can understand the Indigenous story, the Canadian story....and to provide a safe environment to allow a conversation to take place.”

The mission of the Commission is to guide and inspire Aboriginal peoples and Canadians in a process of reconciliation and renewed relationships that are based on mutual understanding and respect. O’Loan says this process has a direct impact on nurses and their everyday interactions with patients.

“What I hope to do in this presentation is inspire people to reconsider some things in their own lives,” say O’Loan. “It’s about getting people to reconsider what they do and how they do it. What I’m hoping is that they can have conversations afterwards and challenge the notion that ‘everything is fine.’”

O’Loan’s emotional 60-minute presentation on the legacy of the residential school system in Canada and the process of reconciliation is designed to educate, enlighten and inspire greater understanding. It will include three short videos and his own personal stories, experiences and challenges stemming from his four years with the TRC.

To register for the SRNA Conference, visit www.srna.org.
Competence Assurance Process 2017

‘Survey Says’ Competence Assurance Process 2017

At the conclusion of an investigation, the SRNA Investigation Committee conducts a voluntary survey of the participants to assess if the process was fair and unbiased, timely, transparent, effective and confidential. Obtaining the feedback from the participants about the experience is essential to ensuring the integrity of the Competence Assurance Process (CAP).

About the Survey

Identical surveys are sent to the person submitting a report/complaint regarding the professional competence and/or conduct of an SRNA member and to the member who was the subject of the investigation. For confidentiality purposes, there is no identification requested or indicated on the survey.

Survey Stats January 1 to December 31, 2017

A total of 86 surveys were sent out to obtain feedback, with a total response rate of 40 per cent for all participants.

There was an increase in the number of members (34%) and report writers (45%) returning the survey comparable to 2016.
Measuring the Process

Review of the participant surveys in 2017 identified that 82 per cent of all participants responding felt sufficient information was provided to understand the CAP. Responses received from members and report writers found the following comparison on the core tenets of the CAP in 2017:

Comparative Measurement of Competence Assurance Process Core Tenets

Report writers and members were most satisfied with the process being confidential, fair and unbiased at the conclusion of an investigation.

Applying the Results

These metrics will continue to be monitored on an annual basis for quality improvement purposes and responses reviewed monthly by the Investigation Committee at scheduled meetings.

With the 2018 SRNA web refresh, our name has changed from Competence Assurance Process to Complaints and Investigation. Check out our new section on the SRNA web site for more information and resources - Complaints and Investigation https://www.srna.org/complaints-investigation/
LeaRN: SRNA's Continuing Education Program

LeaRN is the continuing education program established by SRNA to provide ongoing educational opportunities for members. We have consistently heard you tell us you want learning opportunities which are available to you when you have time to access them. Webinar Wednesdays provide these opportunities. Provided since 2016, we continue to hear your feedback and make adjustments to better meet your needs. The following changes have been made to the 2018 schedule as a result.

Webinar Wednesday Time Change

Since starting Webinar Wednesdays, our live webinar occurred earlier in the morning. Many members told us that they would have enjoyed joining the live event, however work obligations prevented them from joining at that time. In 2018, we have moved the live event to the noon to 1 pm time slot. We have already seen an increase in people who have been able to participate and hope to continue to see this trend throughout the year. Your feedback is important, so we encourage you to let us know if you have any suggestions to continue to improve the program.

Introduction of Webinar Series

The topics presented through our webinars are vast. They address timely practice topics, responsibilities of SRNA members and ways to be involved in your Association. To make it easier for you to find the topics you may be most interested in, we have created four series to categorize all our presentations. They include:

Your First Year in Nursing Series

Our newest members are transitioning from the role of student to a professional RN during their first year of nursing. Often there are questions about continuing competence, standards of practice and scope of practice that are specific to new nurses. If this is you, or someone you know, you will want to join these webinars to have your questions answered and to gain the insight from other new nurses in a similar situation.

A Focus on Professional Accountabilities Series

Topics that are related to the expected standards of practice for SRNA members are included in this series. What you need to know about completing forms for the Continuing Competence Program, responsibilities for members involved with Medical Assistance in Dying and exploring RN Specialty Practices are a few sample topics.

Emerging Trends in Health care Series

Webinars in this series include topics related to existing or upcoming topics of interest to nurses such as patient safety update, post-traumatic stress disorder and cultural considerations in perinatal care.

Engaging in Your Profession Series

Sharing ways members can be involved in our profession is the focus of webinars in this series. Getting to know your SRNA election candidates, member programs and how to nominate a colleague for an SRNA award are just a few of the topics you will learn about in this series.

The schedule of webinars is posted on srna.org and you can also join weekly events posted through the @SaskRegisteredNursesAssociation Facebook page. Missed a webinar? You can find many of the recordings on the SRNA Vimeo channel.
The University of Regina offers a Master of Nursing – Clinical Nurse Specialist Program (CNS).

Developed in parallel with the Collaborative Nurse Practitioner Program within the Advanced Practice Nursing framework, the program is one of two CNS initiatives in Canada.

The CNS Program will prepare Registered Nurses and Registered Psychiatric Nurses for an advanced role in the health care system within Saskatchewan.

Graduates of the CNS Program will be awarded a Master of Nursing (Clinical Nurse Specialist) degree.

To learn more, visit www.uregina.ca/nursing
E-mail: cns@uregina.ca
Phone: 1.306.337.3300 • Toll-Free: 1.855.830.3300

SCHOOL OF NURSING

We salute all nurses in the province for your ongoing dedication and commitment to the profession and the people you care for. We are proud to work with you as the only institution in Saskatchewan whose education spans the entire family of nursing.

ADVANCE YOUR CAREER

Available on a full or part-time basis, Saskatchewan Polytechnic has courses and programs that allow you to maintain your employment and family responsibilities while furthering your education.

Undergraduate Degree programs
• Bachelor of Psychiatric Nursing Degree Completion Program

Post Baccalaureate Certificate program
• Occupational Health Nursing

Advanced Certificate programs
• Critical Care Nursing
• Diabetes Education for Health Care Professionals
• Emergency Nursing
• Perioperative Nursing/LPN
• Perioperative Nursing/RN

For further information, visit saskpolytech.ca/nursing.

#YESThisIsNursing
The University of Regina and Saskatchewan Polytechnic are proud to provide quality nursing education. Our Saskatchewan Collaborative Bachelor of Science in Nursing (SCBScN) and Collaborative Nurse Practitioner Program (CNPP) would not be successful without the continuing support of Saskatchewan’s nurses.

On behalf of Saskatchewan Polytechnic and the University of Regina, we thank the nurses of Saskatchewan for your ongoing support and wisdom. With your guidance and mentoring, we will ensure that the next generation of nursing professionals continue Saskatchewan’s tradition of health care excellence.

sasknursingdegree.ca
Take it to the **Next Level**…

…with U of S College of Nursing Graduate Studies.

- Master of Nursing (MN) (Professional Practice Course-Based & Thesis-Based)
- Primary Health Care Nurse Practitioner (MN-NP)
- Post-Graduate Nurse Practitioner Certificate (MN-NP)
- Doctor of Philosophy in Nursing (PhD)

Learn Where **YOU** Live

Our programs are available distributively
Infectious Diseases Update
Shampoos, Tattoos, and Barbecues: What's New in the World of Infectious Disease?

REGINA, October 1, 2018 • Delta Regina Hotel
0830 to 1600 hrs.

With
BARB BANCROFT, RN, MSN, PNP

Immunizations And Vaccines: The “Need To Know” Info
- Pediatric & Adult Immunization; Herd Immunity; Pertussis
- Tdap; Zostavax; HPV Vaccines
- Meningococcal Vaccine

Global Warming, Global Travel, & The Patient With Travel History
- The Implications of Migration of Mosquitoes Away From The Equator
- Infectious Diseases and Airplanes - What’s This Risk?
- Transportation of Food Across Borders - Is There a Problem?

Major Food-borne Illnesses & Their Sources; Treatment
- The Dreaded E. Coli O157:H7; Salmonella
- Campylobacter jejuni; Listeria Monocytogenes

The Perils Of Antibiotic Misuse, Overuse, & Abuse
- Increasingly Dangerous Drug Resistant Bacteria, MRSA, CRE, VRE
- Mutations Of Bacteria - the Difficult C. Difficile; Antimicrobial Stewardship

Infectious Disease Trends Throughout the World that Show Up in Your Patient Population
- The Role of Sexual Transmission in Infections
- HIV Infection; HPV Infection
- Hepatitis Infections; Syphilis & Others

Will I Know It When I See It? The Presentation, Pathophysiology And Rx of Specific Infectious Diseases
- Zika: Worse Than We Thought & What You Need to Know
- Aetna Flu, H1N1, MERS, SARS

Fido, Boots, & Rex: The Risk Of Infectious Illness From Pets
- Exotic Pets; Dogs from Puppy Mills; Pocket Pets; Reptiles; Bites

Barb Bancroft is a widely acclaimed nursing teacher who has taught courses on Advanced Pathophysiology, Pharmacology, and Physical Assessment to both graduate and undergraduate students. Also certified as a Pediatric Nurse Practitioner, she has held faculty positions at the University of Virginia, and the University of Arkansas, Loyola University of Chicago, and St. Xavier University of Chicago. Barb is known for her extensive knowledge of pathophysiology and as one of the most dynamic nursing speakers in North America today. Delivering her material with equal parts of evidence based practise, practical application, and humour, she has taught numerous seminars on clinical and health maintenance topics to healthcare professionals, including the Association for Practitioners for Infection Control, The Emergency Nurses’ Association, the American Academy of Nurse Practitioners, and more.

** Updated With New Content! **

Few areas in healthcare are changing as rapidly as infectious diseases. This one day seminar provides an up-to-the-minute update on current issues in infectious diseases. Major infectious disease trends will be reviewed, including: global warming and travel, bioterrorism, food-borne illnesses, infectious agents and their relationship to acute and chronic disease. New vaccines, new diseases, and new drugs will also be reviewed. A seminar you don't want to miss for both your patients’ and your own benefit!

WHO SHOULD ATTEND?
- RNs, RPNs, LPNs; All Front Line Nursing Staff
- Infection Control, Public & Occupational Health Nurses
- Educators, Managers, NPs, & Telehealth Nurses

HOW TO REGISTER

Save $30 on your registration when you register and pay prior to May 14th, $20 prior to August 13th, and $10 prior to September 10th!
REGISTRATION IS NOT COMPLETE WITHOUT PAYMENT

WEB: https://www.nursinglinks.ca
CALL: 1.866.738.4823
FAX: 1.866.566.6028
E-MAIL: registration@nursinglinks.ca
MAIL: #22, 2526 Battleford Ave. SW, Calgary, AB T3E 7J4

FURTHER INFORMATION

Should you have any questions or require assistance with registration, please call Conference Registration at Executive Links Inc. toll-free at 1-866-738-4823.

CANCELLATIONS
Refunds will be given for written cancellations received seven days prior to the conference date, less an administration fee of $25.00. Refunds cannot be given after this date; however, delegate substitutions are welcome without prior notification.
If Executive Links Inc. is forced to cancel a conference, liability is limited to reimbursement of paid conference fees. Executive Links Inc. reserves the right to change program date, meeting place, speakers or content without further notice and assumes no liability for those changes.

To read our policies in more detail, please visit: www.nursinglinks.ca

Registration Form (Fax to 1.866.566.6028)

<table>
<thead>
<tr>
<th>City</th>
<th>Date</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regina</td>
<td>October 1, 2018</td>
<td>Delta Regina Hotel 1919 Saskatchewan Drive</td>
</tr>
</tbody>
</table>

Name: ____________________________ Specialty: ____________________________

Organization: ____________________________

Home Address: ____________________________

City: ____________________________ Prov: ______ Postal: ______

Home Phone: ______ Fax: ______

E-Mail: ____________________________

☐ Please send me e-mail notices of upcoming conferences.

☐ Please charge my: ☐ VISA ☐ M/C ☐ AMEX

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Card Number: ____________________________ Exp: ______

Signature: ____________________________

☐ Cheque or money order payable to Executive Links enclosed

☐ My employer has approved funding. Please invoice:

Attention: ____________________________ Title: ____________________________

Fax: ______ Phone: ______

Price includes conference sessions, lunch, coffee breaks, and handouts.

$159.00 + $7.95 GST = $166.95 Super Early Rate (on or before May 14, 2018)

$169.00 + $8.45 GST = $177.45 Early Rate (on or before August 13, 2018)

$179.00 + $8.95 GST = $187.95 Middle Rate (on or before September 10, 2018)

$189.00 + $9.45 GST = $198.45 Regular Rate (after September 10, 2018)
Journey Through the GI Tract

SASKATOON, September 18, 2018 • Travelodge Hotel
0830 to 1600 hrs.

With
BARB BANCROFT, RN, MSN, PNP

33 Feet of Gastrointestinal Tract! Where to Begin?
• The Teeth, The Tongue, The Mouth and Gums
• The Controversy Over Biphosphonates and Osteonecrosis
• Ouch! Everything You Wanted to Know About Bites and Saliva
• The Diabetic Mouth; Oral Herpes, Mouth Ulcers
• Do You Really Want to Pierce Your Tongue?
• Bruxism and the SSRIs
• Serious Cardiac Implications of Oropharyngeal Bacteria

The Soft Palate, the Uvula, The Tonsils, & Salivary Glands
• Swallowing and the Gag Reflex; Effect of Anticholinergics
• Causes of Speech Changes, Hoarseness; Angioedema
• Oral Signs of an Eating Disorder; When to Worry about a Sore Throat
• Oral Cancer – Causes; Is there a link to HPV?
• The Surprising Place You Find the First Signs of Jaundice

GERD - Gastroesophageal Reflux Disease
• Causes; Endoscopy; Drugs to Treat GERD and How they Work
• Caution! Long Term Use of the Prazosin
• Non Drug Methods to Treat GERD
• Barrett’s Esophagus - Surprising and Important Findings
• Other Issues: Esophageal Candidiasis; Dysmotility and Varices

Getting to the “ Gut” Issues
• Cirrhosis of the Liver - Multiple Routes to the Same Disease
• Gastric Ulcers - Helicobacter Pylori; The Role of NSAIDS
• Bariatric Surgery - Types; Risks and Short and Long Term Outcomes
• Relief for Nausea and Vomiting
• The Acute Appendicitis; Gastroenteritis
• The Chronic: Celiac Disease; Crohn’s Disease

What you Need to Know about the Large Bowel and Rectum
• Treatment of Constipation and Divarite; Opiate Associations
• Colon Cancer; Risk Factors, Genetics; Screening and Prevention
• Ulcerative Colitis; Problems of the Rectum

Barb Bancroft is a widely acclaimed nursing teacher who has taught courses on Advanced Pathophysiology, Pharmacology, and Physical Assessment to both graduate and undergraduate students. Also certified as a Pediatric Nurse Practitioner, she has held faculty positions at the University of Virginia, the University of Arkansas, Loyola University of Chicago, and St. Xavier University of Chicago. Barb is known for her extensive knowledge of pathophysiology and as one of the most dynamic nursing speakers in North America today. Delivering her material with equal parts of evidence based practice, practical application, and humour, she has taught numerous seminars on clinical and health maintenance topics to healthcare professionals, including the Association for Practitioners for Infection Control, The Emergency Nurses’ Association, the American Academy of Nurse Practitioners, and more.

EXECUTIVE LINKS

** Register Early to Avoid Disappointment **

Join Barb for this one day workshop on the anatomy, physiology and pathophysiology of the GI tract from top to bottom. Beginning with the mouth and oropharynx, she’ll discusses the teeth, the tongue, the mouth, the gums, the esophagus, the stomach, and the small and large bowel. Specific clinical topic will include the relationship between periodontal disease and cardiovascular disease, tonsillitis and adenoiditis, esophageal varices, and the many causes of cirrhosis of the liver, GERD and Barrett’s esophagus, NSAID gastropathy, peptic ulcer disease and H. pylori, Celiac disease, Crohn’s disease, ulcerative colitis, colon cancer and rectal foreign objects. This GI Journey will be educational, enlightening and entertaining.

WHO SHOULD ATTEND?

• Medical and Surgical, ER & ICU, Geriatric & Home Care Nurses
• Nurses in Day Surgery, Endoscopy, Peri-Operative, & Pre-Admission Settings
• Nurses in Cancer Clinic, Enteralstomotherapy, & Occupational Health Settings
• NPs, RPNs, Primary Health & Tele-Health Nurses; Nurse Educators

HOW TO REGISTER

Save $30 on your registration when you register and pay prior to May 7th, $20 prior to July 30th, and $10 prior to August 27th!

WEB:  www.nursinglinks.ca
CALL:  1.866.738.4823
FAX:  1.866.566.6028
E-MAIL:  registration@nursinglinks.ca
MAIL:  #22, 2526 Battleford Ave. SW, Calgary, AB T3E 7J4

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Registration Form (Fax to 1.866.566.6028)

Yes! Please register me for the GI Tract workshop in:

<table>
<thead>
<tr>
<th>City</th>
<th>Conference Date</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saskatoon</td>
<td>September 18, 2018</td>
<td>Travelodge Hotel 106 Circle Drive W</td>
</tr>
</tbody>
</table>

Name: ____________________________
Title: ____________________________
Specialty: ____________________________
Organization: ____________________________
Home Address: ____________________________
City: ____________________ Prov: _____ Postal: __________________
Home Phone: (___) Fax: (___)
E-Mail: ____________________________

☐ Please send me e-mail notices of upcoming conferences.

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Cardholder’s Name: ____________________________
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Signature: ____________________________

☐ Cheque or money order payable to Executive Links enclosed
☐ No postdated cheques please

My employer has approved funding. Please invoice:

Attention: ____________________________ Title: ____________________________
Christopher Colman, a graduate of the UofA Bachelor of Science in Nursing program, has been engaged in cardiac and cardiovascular surgical nursing for over 20 years. He has worked in a variety of settings and countries, including Montreal, London (England) and in Riyadh, Saudi Arabia. He has extensive experience in the area of acute coronary syndrome, heart failure and cardiovascular surgery. Chris is well known as an excellent teacher, having over 13 years of teaching experience, and has taught a number of sessions on a variety of topics where his passion for teaching and cardiac care shows. He is currently the Clinical Nurse Educator in the Cardiovacular Intensive Care Unit at the Foothills Medical Centre in Calgary.

Registration Form

Yes! Please register me for the Shock & Sepsis workshop in:

- Saskatoon

City: Saskatoon

Conference Date: June 11, 2018

Venue: Travelodge Hotel

106 Circle Drive W

Name: ____________________________ Specialty: ____________________________

Organization: ____________________________

Home Address: ____________________________

City: ____________________________ Province: ____________________________ Postal: ____________________________

Home Phone: (____) ______ Fax: (____) ______

E-Mail: ____________________________

☐ Please send me e-mail notices of upcoming conferences.

Price includes conference sessions, lunch, coffee breaks, and handouts.

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Signature: ____________________________

☐ Cheque or money order payable to Executive Links enclosed

No postdated cheques please

☐ My employer has approved funding. Please invoice:

Attention: ____________________________ Title: ____________________________

Fax: (____) ______ Phone: (____) ______
Oncology Update
What Every Nurse Needs to Know About Cancer

With
BARB BANCROFT, RN, MSN, PNP

The Big C - From the Beginning
- The Definition of Cancer
- Embryology - Differentiation and Maturation of Cell Lines
- The Role of Oncogenes in the Loss of Control of Maturation and Differentiation
- The Role of Angiogenesis in the Development of a Malignant Tumour
- The Role of Growth Factors and Hormones in Oncogenesis
- The Role of Chronic Inflammation

Benign & Malignant Tumours - Nomenclature & Characteristics
- Understanding the Nomenclature
- Characteristics of Benign and Malignant Tumours
- Understanding the Grading and Staging of Tumours
- Understanding Tumour Markers: CA-125, HER2, BRCA, ALK, CD20, CEA, PD-L1
- What is “Triple Negative” Breast Cancer?

Environmental Causes of the Loss of Control of Maturation and Differentiation
- Viruses, Bacteria
- Radiation
- Obesity, Hormonal Triggers
- Age; Genetics
- Smoking

Treatment & Prevention of Cancers
- The “Old” Standbys
- The Newer “Targeted” Therapies - Monoclonal Therapies, Checkpoint Inhibitors, PARP Inhibitors, Tyrosine Kinase Inhibitors
- Old Drugs with New Indications - Thalidomide, Aspirin
- Hormonal Therapies

Notes on Specific Cancers - What’s New, What’s Old, What’s in the Future
- Breast Cancer, Colon Rectal Cancer, Lung Cancer, Prostate Cancer
- Malignant Melanoma

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EXECUTIVE LINKS

** Register Early to Avoid Disappointment **
This workshop provides an update and overview on the pathophysiology of cancer, how it starts, how it spreads, the role of oncogenes, the role of the environment (viruses, hormones, chemicals, etc.) as well as many other facts and tidbits about the growth and differentiation of cells. Nomenclature, grading and staging of tumors will be explained. Specific cancers to be discussed include breast cancer, prostate cancer, lung cancer, skin cancer, hematologic malignancies, brain tumors and GI cancers.

WHO SHOULD ATTEND?
- Acute Care Nurses in All Areas
- New Oncology Nurses; Palliative Care Nurses; Geriatric Nurses
- Primary Care, Home & Community Health Nurses; Tele-Health Nurses
- Nurse Practitioners, Transition, Outpost & Occupational Health Nurses

HOW TO REGISTER

Save $10 on your registration when you register and pay prior to April 30th!

REGISTRATION IS NOT COMPLETE WITHOUT PAYMENT

WEB: www.nursinglinks.ca
CALL: 1.866.738.4823
FAX: 1.866.566.6028
E-MAIL: registration@nursinglinks.ca
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To read our policies in more detail, please visit: www.nursinglinks.ca

Registration Form (Fax to 1.866.566.6028)

Yes! Please register me for the Oncology Update workshop in:

City:_____________________________ Date:_________________________ Venue:_____________________________

☐ Saskatoon May 15, 2018 Travelodge Hotel

106 Circle Drive W

Name:_____________________________ Specialty:____________________

Organization:________________________

Home Address:________________________

City:________________________ Prov:________________ Postal:______________

Home Phone: ( )________________ Fax: ( )________________

E-Mail: ____________________________

☐ Please send me e-mail notices of upcoming conferences.

Conference Fees:

☐ $179.00 + $8.95 GST = $187.95 Middle Rate (on or before April 30, 2018)
☐ $189.00 + $9.45 GST = $198.45 Regular Rate (after April 30, 2018)

Price includes conference sessions, lunch, coffee breaks, and handouts.

☐ Please charge my: ☐ VISA ☐ M/C ☐ AMEX

Cardholder’s Name:__________________________ Exp:____/

Signature:_____________________________

☐ Cheque or money order payable to Executive Links enclosed

[No postdated cheques please]

[My employer has approved funding. Please invoice:]

Attention:________________________ Title:________________________

Fax: ( )________________ Phone: ( )________________
Join Us for the SRNA Conference

The SRNA Conference is an important event that brings our membership together to celebrate our successes and embrace a united vision for our priorities.

In keeping with the SRNA acting in the public interest, and our commitment to accountability, transparency and effectiveness, we invite patients, residents, clients, families and the public to attend.

**SRNA Conference Event Highlights**

**May 1, 2018**

- CNA Dorothy Wylie Health Leaders workshop
- Member Night

**May 2, 2018**

- Education Day
- Awards of Excellence

**May 3, 2018**

- Annual Meeting

The Annual Meeting provides an opportunity for our members to put forward resolutions that help advance, innovate and optimize RN and RN(NP) evidence-informed practice and healthy public policy. Information about tabling resolutions is included on page 6 of this News Bulletin.

We look forward to welcoming our members, health system partners and the public May 1 to 3 in Regina.

For more information about the Annual Meeting visit: www.srna.org.